



HEAR, SEE, AND FEEL TRUE WELLNESS
EST. 2015
7 Notes
Natural Health

Thank you for choosing 7 Notes Natural Health!

HOTEL & LODGING SUGGESTIONS

Ann Arbor Regent Hotel & Suites

2455 Carpenter Rd, Ann Arbor, MI 48108•(734) 973-6100

Weber's Boutique Hotel

3050 Jackson Ave, Ann Arbor, MI 48103•(734) 769-2500

Stone Chalet Bed and Breakfast Inn

1917 Washtenaw Ave, Ann Arbor, MI 48104•(734) 417-7223

Hyatt Place Ann Arbor

3223 S State St, Ann Arbor, MI 48108•(734) 995-1234

FOOD & RESTAURANT SUGGESTIONS

*NOTE - The office has a small refrigerator and a toaster oven you may use.
There is NOT a microwave available. There are picnic tables onsite for outdoor dining.*

Prepared Food, hot bar, cold bar, and prepackaged to go.

Whole Foods Market

3135 Washtenaw Ave, Ann Arbor, MI 48104•(734) 975-4500

Plum Market

3601 Plymouth Rd, Ann Arbor, MI 48105•(734) 545-7250

Restaurants dine in and carry out.

Palm Palace

2370 Carpenter Rd, Ann Arbor, MI 48108•(734) 606-0706

<https://www.palmpalace.com/>



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Sweetgreen

3070 Washtenaw Ave Suite D107, Ann Arbor, MI 48104•(734) 822-5733

<https://order.sweetgreen.com/>

Achilles Restaurant

3075 Packard St, Ann Arbor, MI 48108•(734) 971-2020

<http://achillesdiner.com/>

King Shing

2865 Carpenter Rd, Ann Arbor, MI 48108•(734) 971-8999

<https://www.kingshingaa.com/>

Bao Boys

1928 Packard St, Ann Arbor, MI 48104 (In back parking lot of York)•(734) 802-1811

<https://www.eatbaoboys.com/>

Bigalora

3050 Washtenaw, Ste. 112 Ann Arbor, MI 48104•(734) 971-2442

<https://bigalora.com/>

Five Guys

3601 Washtenaw Ave, Ann Arbor, MI 48104•(734) 418-8042

<https://restaurants.fiveguys.com/3601-washtenaw-avenue>

Jersey Mike's

3650 Carpenter Rd F, Ypsilanti, MI 48197•(734) 477-9930

<https://www.jerseymikes.com/menu>



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MAIZ Mexican Cantina

36 E Cross St, Ypsilanti, MI 48198•(734) 340-6010

<https://maizmexican.com/>

Tuptim Thai Cuisine

4896 Washtenaw Ave, Ypsilanti, MI 48197•(734) 528-5588

<https://tuptim.com/>

ANN ARBOR DINING ICONS

Zingerman's Delicatessen

422 Detroit St, Ann Arbor, MI 48104•(734) 663-3354

<https://www.zingermansdeli.com/>

Zingerman's Roadhouse

2501 Jackson Ave, Ann Arbor, MI 48103•(734) 663-3663

<https://www.zingermansroadhouse.com/>

Seva

2541 Jackson Ave, Ann Arbor, MI 48103•(734) 662-1111

<https://www.sevarestaurant.com/ann-arbor/>

Chela's Restaurant & Taqueria

693 S Maple Rd, Ann Arbor, MI 48103•(734) 332-6055

<https://chelas.co>

Pizza House

618 Church St, Ann Arbor, MI 48104•(734) 995-5095

<https://pizzahouse.com/>

